

# TDC • Train – Develop – Care • Key Resources

## Train

Foundational Navigator and job-specific preparation

### **Cultural Development Training Waves 1, 2, and 3** (LearnUpon)

Wave 1: The pervasiveness of bias

Wave 2: Systemic injustice and awakening cultural

Wave 3: Lament, empathy, and personal engagement plans

**Initial Staff Training** (coming January 2021!)

**SUPERvision Training** (coming January 2021!)

Skills and practices for supervisors to serve and steward others

## Care

Formational Health, Hope, and Healing

### **Pastoral Counseling**

Help in processing your wrestling with God, struggles in relationship, and difficult emotions

### **Marriage and Family Counseling**

Confidential sessions with pastoral care staff for marriage tune-up, conflict resolution, and family healing

### **Staff Care Retreats**

Focused counseling and opportunity for reflection in a group retreat atmosphere

### **Sexual Health Recovery**

A pastoral care staff member walks with strugglers through a process that has given hope and success to many

### **Shepherds Network Gatherings**

Increase shepherding skills through three days of development (semi-annual meetings)

### **Becoming One Retreat**

Refreshment for your marriage relationship

### **Parenting Seminars** (Tailored and on request)

### **Relational Healing Mediation**

Guided process for individuals or teams experiencing conflict

### **Restoration Counseling**

Helping staff find healing and restoration in life and ministry after a moral crisis

### **Sabbaticals** (personalized)

All Navigators staff are strongly encouraged to take a 3-6-month sabbatical every 7-10 years.

### **Soul Care Retreats**

Guided prayer and meditation, group and individual times for personal reflection, prayer walks, and time alone with God

### **Staff Prayer Support**

Email your requests to [prayer.requests@navigator.org](mailto:prayer.requests@navigator.org)

### **Staff Care Tune-ups**

Tailored webinars and/or local visits for self-care and team staff care

### **Navigators Crisis Hotline (707)-776-NAVS (6287)**

Facing an act of terror, major crime, sexual misconduct, suicidal threat? Call 911 and then our Crisis Hotline.

## Develop

Accessible pathways for Ongoing learning and whole-person growth: On the road (you come to Colorado Springs), Online, and On site (we come to your local area)

### **Biblical Studies Program** (BSP—on LearnUpon, spring/fall)

Theological courses tailored to the needs of Navigator staff

### **Navigator First Response To: Anxiety, Depression, Self-Harm (cutting), Sexual Assault, Suicidal Ideation** (on site)

Training for coming alongside staff struggling with various crisis conditions

### **Ongoing Cultural Competence** (on the road, on site, and online)

Resources, events, and services to increase wholehearted partnership and value of the contribution of individuals from all ethnicities

### **Personal Contribution Assessment** (PCA—on the road, on site, and online)

Discover your design through individual and group coaching using assessment tools such as Myers-Briggs, CliftonStrengths, and spiritual gifts

### **SHAW Development** (on the road, on site, online)

SHAW webinars present Sexual Health and Wholeness topics; seminars developing your skills to help staff and disciples grow in sexual health.

### **Team Building** (on site)

Customized consulting for experiences that grow mutual understanding, unity, and effectiveness

### **Women's Webinars** (online at [SDCResourceHub.org](http://SDCResourceHub.org))

Videos on topics of interest to women raising children and involved in Navigator ministry

## Coaching

### **Life and Leadership Coaching**

A one-year journey alongside a seasoned coach who will help you develop practical plans for life and ministry and a decision-making framework.

### **Life and Leadership Coaching Certification**

Intensive 2-year program focused on organizational leadership skills and cohort learning (4 gatherings)

### **Bringing A Coach Approach to Disciplemaking**

A year-long, experiential journey of developing your coaching skills

## Leader Development

### **Leader Development Initiative (LDI) 2**

Deepening practical application of the Lead-Develop-Care Mode including cohorts, mentoring, and 2 gatherings. (12-month intensive, invitation only. Stay tuned for LDI 1!)

### **Sharpen the Axe (STA)**

2-year program focused on emerging national leaders. Cohorts, mentors, and 4 gatherings (invitation only)

### **Alumni Network**

Ongoing Learning for alumni of LDI 2 (available Sept 1)

### **Lead-Develop-Care Seminar** (on site, on request)

Intensive 18-hour seminar introducing the Lead-Develop-Care model



Train – Develop – Care